



Online Workshops

Aimed at parents of children in primary school

Workshops

Understanding Your Child's Behaviour 22/1/2025 10:30 – 12:30pm

[Join the meeting now](#) Meeting ID: 336 234 531 867 Passcode: P7df6fg9

Understanding ADHD 4/2/2025 – 5:30 – 7:30pm

[Join the meeting now](#) Meeting ID: 357 257 416 30 Passcode: ad9Xi6Pz

Introduction to Autism 28/02/2025 12:30 – 2:30pm

[Join the meeting now](#) Meeting ID: 342 957 959 572 Passcode: UR22px2W

Understanding Anxiety 10/03/2025 5:30 – 7:30pm

[Join the meeting now](#) Meeting ID: 375 848 985 296 Passcode: 2v3dM2xX

Sleep & Autism 27/03/2025 5:30 – 7:30pm

[Join the meeting now](#) Meeting ID: 380 423 848 345 Passcode: cq2qv9U5

Me & My Child: Understanding Resilience 9/4/2025 10:30 – 12:30pm

[Join the meeting now](#) Meeting ID: 320 369 568 303 Passcode: Qz9WN7Ru

**Workshop times alternate from term to term*

Our online workshops offer information around key topics to help understand what is going on for your child and strategies to support them, based on the latest evidence and practice.

If you would like to join, please use the links above. If you have any questions, please speak to your child's school.

Our workshops are held on Microsoft Teams. You do not need an account to join. You will need access to the internet. Currently, this workshop is only available to parents/carers of children attending a EWT/EST school. Please speak to your child's school or check our website for our list of schools. If you require materials in another language or have any other access needs then please email:

EWTandESTenquiries@nelft.nhs.uk

We look forward to meeting you!

