

APRIL TO  
OCTOBER 2025



# DAIRY FREE MENU



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK ONE

21<sup>ST</sup> APRIL  
12<sup>TH</sup> MAY  
9<sup>TH</sup> JUNE  
30<sup>TH</sup> JUNE  
21<sup>ST</sup> JULY  
1<sup>ST</sup> SEPTEMBER  
22<sup>ND</sup> SEPTEMBER  
13<sup>TH</sup> OCTOBER

Mild Chilli Beef  
Tomato & Herb Penne Pasta **1 VG**  
Jacket with Baked Beans  
  
Rice, Mixed Peppers, Peas  
  
Jammy Finger **1,6 VG**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Rice & Bean Burrito **1 VG**  
Jacket with Baked Beans  
  
Seasonal Vegetables  
  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Sausage Roll & Gravy **1,6**  
Vegetable Sausage & Gravy **VG**  
Jacket with Baked Beans  
  
Rustic Roast Potatoes, Green Beans,  
Carrots  
  
Fruit Jelly **VG**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Loaded Cajun Bean Wedges **VG**  
Jacket with Baked Beans  
  
Sweetcorn, Coleslaw **9**  
  
Sultana Cake **1VG**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Fish Fingers **1,8**  
Jacket with Baked Beans  
  
Chips, Peas, Baked Beans,  
Cucumber  
  
Fruit Pots **VG**

### WEEK TWO

28<sup>TH</sup> APRIL  
19<sup>TH</sup> MAY  
16<sup>TH</sup> JUNE  
7<sup>TH</sup> JULY  
8<sup>TH</sup> SEPTEMBER  
29<sup>TH</sup> SEPTEMBER  
20<sup>TH</sup> OCTOBER

Vegetable Nugget with Katsu Sauce  
**1VG**  
Onion Bhajis with Katsu Sauce **1 VG**  
Jacket with Baked Beans  
  
Rainbow Rice, Carrots, Peas  
  
Vanilla Sponge **1VG**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Beef & Onion Pie **1**  
Jacket with Baked Beans  
  
Crushed Potatoes  
Seasonal Vegetables  
  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Roast Chicken & Gravy  
Roasted Vegetable Hot Pot **VG**  
Jacket with Baked Beans  
  
Rustic Roast Potatoes  
Broccoli, Carrots  
  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

BBQ Pulled Pork Loaded Wedges  
Tomato Spaghetti **1 VG**  
Jacket with Baked Beans  
  
Cauliflower, Coleslaw **9**  
  
Spiced Apple Focaccia **1,3 VG**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Fish Finger **1,8**  
Jacket with Baked Beans  
  
Chips, Peas, Grated Carrot  
  
Oaty Biscuit **1,15 VG**  
Fruit Pots **VG**

### WEEK THREE

5<sup>TH</sup> MAY  
2<sup>ND</sup> JUNE  
23<sup>RD</sup> JUNE  
14<sup>TH</sup> JULY  
15<sup>TH</sup> SEPTEMBER  
6<sup>TH</sup> OCTOBER

Pork & Beef Bolognese Pasta Shells **1**  
Jacket with Baked Beans  
  
Seasonal Vegetables  
  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Caribbean Chicken Curry  
Herby Tomato Penne Pasta **1 V**  
Jacket with Baked Beans  
  
Rice, Green Beans, Carrots  
  
Peach Sponge **1VG**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Roast Gammon & Gravy  
Samosa Puff **1 VG**  
Jacket with Baked Beans  
  
Rustic Roast Potatoes, Cabbage, Swede  
  
Fruit Jelly **VG**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Coconut & Spinach Biryani **VG**  
Jacket with Baked Beans  
  
Cauliflower, Mixed Peppers  
  
Chocolate Cake **1 VG**  
Mr Nourish Biscuit **1 VG**  
Fruit Pots **VG**

Chicken Bites **1**  
Jacket with Baked Beans  
  
Chips, Peas, Sweetcorn, Coleslaw **9**  
  
Ginger Biscuit **1 VG**  
Fruit Pots **VG**

**AVAILABLE DAILY** 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Primary 3 Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

